

Surviving and Succeeding in Unbalanced Times

A leadership development group for entrepreneurs, professionals, and executives conducted by Robert Pasick, Ph.D.

This group is designed to help *leaders thrive and succeed during the current turbulent economic crisis*. This six session group will also include one individual coaching session with Rob. The group will guide you through a simple and powerful set of exercises that will give you a clear plan for becoming a better leader. Each meeting will provide time for peer mentoring and feedback. The textbook for the group is Rob's book, Balanced Leadership in Unbalanced Times.

Here's what people are saying about Rob's group:

- "The support and counsel from this group has been critical to the successful launch of my new business adventure! I also believe that I have made not only significant business allies but great friends who I will value for many years to come." -- Debra Christein, LTI Information Technology
- "Running a business in this economy can be overwhelming at times. Rob's sessions are rejuvenating on both a business and personal level. I come away from each meeting with new ideas for my business, insight into who I am and what I want to accomplish, and whenever possible, the satisfaction of helping out a fellow member with a problem." -- Jack Richardson, Guarden Tree Experts
- "With the Balanced Leaders group, I've found a 'personal board' of sorts - people who will challenge me, support me, ask the questions that make me think bigger, and suggest completely different approaches that I would not have come up with on my own." -- Megan Torrance, Torrance Performance Solutions
- "Rob's group provides the framework for a disciplined plan of action to succeed." -- Mike Eller, Populist Cleaning Co

During the group, participants will:

- Create a personal plan to improve balance and succeed in these unbalanced times.
- Build meaningful relationships with other leaders.
- Express and explore a wide range of professional concerns not easily discussed with employees or partners.
- Develop and hone leadership skills, and become accountable to grow as a leader.
- Put your new leadership skills into practice by using social media, time management skills, and pairing with other group members.

Workshop Details:

Dates: TBD

Coaching: Each member will receive one individual coaching session

Times: Duration 2.5 hours

Size: Membership will be limited to ten people

Place: 501 Avis Drive, Ann Arbor, 48108

(This group can also be conducted on your site for the leaders within your organization)